

Sherwood Forest Community Club

April 2022 Newsletter



Hello Neighbors. Happy Spring! Now that we have more daylight and the weather is warming up, it's time to start thinking of some fun neighborhood events. A few of the things we have on tap are: the Sherwood Forest Garden Club kickoff on May 1st; a neighborhood dump run, date TBD and of course, the 2nd annual neighborhood party, which will be held on Sunday August 21st.

We'd love to hear the type of things you'd like to see offered. Please complete this brief survey and return it with your annual dues. You can find the survey on our website: <https://sherwoodforestbellevue.org/survey>.

I'm interested in the following events:

Painting Class _____ Neighborhood Walks _____
Yoga Classes _____ Book Club _____
Cooking Demonstrations _____ Write-in Suggestions: _____

Name:

Email Address:

You can also email us your choices to sfccbellevue@hotmail.com.

Attention all gardeners!

Sherwood Forest is going to start a Garden Club. Whether you have a green thumb, or can't tell a plant from a weed, we'd love to have you join us. This is going to be an informal way to connect and help make our gardens grow. The kickoff will be held outdoors at 2447 161st Ave NE.

Come join us on May Day, Sunday May 1st at: 1:00PM.

Please RSVP at sfccbellevue@hotmail.com. Refreshments will be served. Bring your ideas and wish-list.

Note that Interlake Highschool Horticulture group is having its Spring Plant Sale on May 5th. See <https://interlakehorticulture.com/the-plant-sales/> for all details.



Inside this issue

| | |
|-----------------------------------|---|
| Message from the President | 2 |
| Earth day / Ardmore Park Event... | 2 |
| Spring Recipe..... | 3 |
| Spring Maintenance List | 3 |
| Emergency Preparedness | 4 |
| Annual Dues 2022 | 4 |
| Contact Information..... | 4 |



Message from the President

Greetings Neighbors,

I have been inspired by last year's efforts and look forward to great things this year. We need your input for: what needs improving, what is working well, and your support in large and small ways. Help us get things done by sharing with us.

The challenges for this year are similar to last year:

- Based on last year's success of the Community Connections Committee, we are hoping to continue staging events for fun, inclusion and connection. (Block party, Halloween prizes, Veteran's Day wave, and what is going to happen this year?)
- In our Emergency Preparedness Committee, we are establishing another walk-about of the neighborhood and opportunities for learning

more about being prepared for our families and neighborhood.

- The Land Use committee is keeping up on events that affect us as a community from the city and neighboring businesses.
- Collecting dues to help finance our normal expenses and to support the above activities.

Our efforts with the Bellevue City are often left in the background. We have some very obvious participants at city meetings, such as, Patrick Tousignant, Emmanuel Solis, Janet Castaneda, etc. They are there and make a difference enough that most city representatives know them by name. The city even knows me.— *Lee Sargent, SFCC President*

Earth Day 2022—Ardmore Park July 16th 9:00AM

Sherwood Forest Community Club wishes you a happy earth day 2022. Our club has worked for years in protecting the tree canopy in our neighborhood. We are partnering with other local organizations and planning for a tree giveaway later this year.

Charlie Margolis, our Block 4 rep, has partnered with the City of Bellevue to organize an **event to remove ivy from Ardmore Park**. This event will be held, rain or shine, on **July 16th at 9:00am**. For more information visit the calendar at <https://bellevuewa.gov/volunteering/environmental-stewardship>

If you have more ideas on how to help our environment as a community, please email us.

"Interested in preserving trees in Sherwood Forest? Learn more about this effort at <https://trees4livability.org>"



Spring recipe Spring Salad With Mahi- Mahi

Preparation time: 10
minutes

Ingredients:

- 1 lemon
- 1/2 tsp. honey
- 4 6-oz. skinless, boneless mahi-mahi fillets, patted dry
- 2 Tbsp. plus ¼ cup extra-virgin olive oil, divided
- Kosher salt, freshly ground pepper
- 1 Tbsp. plus 2 tsp. Dijon mustard, divided
- 1 bunch asparagus (about 1 lb.), trimmed
- 1 Avocado, thinly sliced
- 1 bunch mature arugula, trimmed

Preparation

Preheat oven to 425°. Place mahi-mahi on a rimmed baking sheet and rub all over with 1 Tbsp. oil; season on both sides with salt and pepper. Brush or rub fish on both sides with 1 Tbsp. plus 1 tsp. mustard. Using a microplane, finely grate zest of lemon over fish. Set lemon aside.

Bake mahi-mahi until opaque throughout and flesh flakes easily with a fork, 8–10 minutes.

Meanwhile, heat 1 Tbsp. oil in a large skillet, preferably cast iron, over high. Cook asparagus, turning occasionally, until blistered in spots, about 4 minutes total; season with salt.

Remove mahi-mahi from oven. Cut reserved lemon in half and squeeze juice from 1 half over fish. Squeeze juice from remaining half into a medium bowl (catching any seeds with your other hand). Add honey, remaining 1 tsp. mustard, and remaining ¼ cup oil and whisk until smooth; season dressing with salt and pepper.

Add avocado and arugula to dressing and toss gently to coat. Taste salad and season with more salt and pepper. Divide fish and asparagus among plates and scatter salad on top.



Home Maintenance for Spring

- Change HVAC air filters.
- Clean and inspect window screens for damage.
- Look for moisture in the basement and crawl space.
- Inspect the air-conditioning system.
- Inspect the washing machine water hoses for cracks and the dryer vent for lint buildup.
- Inspect the air ducts for buildup of mold, allergens or debris.
- Inspect gutters and downspouts for damage and debris.
- Trim trees and shrubs that are near the house.
- Inspect caulking around doors and windows for damage or wear. Replace if necessary to increase energy efficiency.
- Inspect wooden decks, railings, windowsills and steps for rot. Repair or replace damaged wood, and touch up paint, stain or wood finish.
- Pressure wash patios, decks, driveway / walkways, and outdoor furniture.
- Pressure wash your soffits and siding too, if necessary.
- Inspect outdoor sprinkler heads for damage from cold weather.
- Inspect and tune up any lawn maintenance equipment. Sharpen tools, charge batteries, lubricate moving parts and replace old gas.

Emergency Preparedness Committee

How can you protect you and your family? That is the main question that we focus on at meetings on the 2nd Thursday of each month 7pm-8pm via Zoom.

We prepare both mentally and having needed supplies. We have been getting people to tell us what we need and accumulating some procedures to do it. In March we started our first month of a recommended emergency calendar. It was about "Communication" and pointed out the need for each family member to carry with them phone numbers for people outside our area so that in an emergency the phone resources won't be blocked by similar local traffic. Charlie Margolis and Joseph Joy filled in this and much more.

Join us and learn with us.

<https://sherwoodforestbellevue.org/emergency-preparedness/>

Lee Sargent

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Annual Dues 2022

SFCC annual dues remain \$10.00 per household. Dues pay for basic resources that allow SFCC to operate and implement goals, plans, and organize events for the neighborhood. This year, your contributions allowed SFCC to organize our block party, pumpkin carving contest, maintain our license for an annual zoom account used for every board, committee and community meeting.

As always, a sincere "thank you" to the SFCC members who have already sent in their annual dues. Residents who have yet to remit their payment should send a check to:

**Sherwood Forest Community Club.
P.O. Box 7344, Bellevue, WA 98008**

We recommend you setup automatic payment for SFCC annual dues through your checking account "Bill Pay" service. If you would like to earmark an additional donation to a specific issue, please just note the issue on you donation check.

Our Treasurer's Reports are part of our Meeting Minutes which are available for review on the SFCC website.

Sherwood Forest Community Club

P.O. Box 7344
Bellevue WA 98008

E-mail: sfccbellevue@hotmail.com

website:
sherwoodforestbellevue.org



**Update your contact information and return with
your dues**

Name: _____

Contact (email or phone #)

Address:
